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New Self-Development Handbook Available for Army Leaders

The Combined Arms Center - Center for Army Leadership (CAL) at Fort Leavenworth, Kansas, has just released a new handbook for leaders called the Self-Development Handbook. The Handbook draws on lessons from the field, educational and leadership research, and applicable Army regulations and doctrine to provide leaders with state-of-the-art guidance on designing and implementing an individualized program of self-development.

The Army accomplishes a wide array of missions in diverse and unusual circumstances around the world. At the same time, the Army is engaged in a massive and accelerated transformation that will infuse new organizations, technologies, and capabilities throughout the Army. To meet the recurring challenges, Army personnel must supplement institutional and organizational training and education with continuous, planned self-development.

Self-development is also important to achieving an Army Leader's personal and professional goals. Whether qualifying for an advanced level in a career field, seeking a different career field altogether, lacking in skills and knowledge, or just pursuing personal interests, Leaders can use the information and exercises in this Self-Development Handbook to set their direction and take action.

Personal growth benefits both the individual leader and the Army. Due to the diversity of the Army's missions and needs, there are many self-development topics to study – from gaining leadership skills to learning a new language. No matter what leaders choose, they will make themselves and their current and future organizations more adaptable, agile, and resilient by gaining depth and variety of expertise.

Media interested in learning more about the Self-Development Handbook should contact Dr. Jon Fallesen at the Center for Army Leadership, (913) 758-3160.